

# How to Navigate Puberty



## WE WILL GO OVER

THE CHANGES THAT HAPPEN , THE BEHAVIORS WE SEE THAT ARISE,  
HOW TO DEAL WITH MASTURBATION, INTRODUCTION TO  
REPRODUCTION “ BIRDS AND THE BEES”, WHEN TO BRING IN YOUR  
DOCTOR

SEPTEMBER 26,2024@ 5:00 PM

Zoom link : [bit.ly/3Tcr1lt](https://bit.ly/3Tcr1lt)  
Passcode: 563873  
Meeting ID: 879 3175 8918



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